



Welcome to the SMART collaboration between the Capital Area Council of Governments and the Texas Technology Access Program! We are happy you are taking advantage of this program. Utilizing technology can make life easier, once we know how to use it. 😊 We hope you enjoy this learning process.

The heading listed for each device is also a link to see more information about that device online. Click on the heading and it will take you to a webpage with more information. After each picture and short description below, there is a link to a video about set-up for the device. If you are viewing this as an electronic document, click on each link. Please let us know if you need assistance or have questions. You can reach Anita at 512-232-0751 or anita.swanson@austin.utexas.edu.



Apple iPad



- The iPad allows you to make video calls through FaceTime or other apps. Apps is the shortened version of Applications. Applications are tools you can download from the internet to use. Once they are loaded onto your iPad, you can open each app by touching it. There are apps for many different things, such as games, travel directions, walking step counters, and much more.
- You can also use the iPad to control many of the other products in this kit.
- <https://youtu.be/dSsJviJYkWU>

Echo Show 10



- This is a smart speaker. You can ask it questions or tell it to do things by saying “Alexa...” You might request certain music to play, answers to trivia questions, directions, what the weather forecast is, make a list, etc. For ideas about what to ask or tell Alexa, visit [this page](#). This device can control the other smart devices in your home as well.
- For extra help to set up your device, go to [this page](#)

Ring doorbell



- This is a doorbell that shows you who is at your door via a video camera. You can talk with them by video before opening the door.
- <https://youtu.be/Yamy2nc6gTs>

Phillips HUE lights



- Turn lights on and off without getting up! You can set timers for lights and turn them on and off even when you are not at home.
- <https://youtu.be/lfvqf00-vsc>

Zigbee smart plugs



- Control objects plugged into these plugs with your tablet or phone. No need to get up to change something, just use the app.
- <https://youtu.be/6aQp5wTly84>

Distance thermometer



- No-contact means of checking people's temperatures prior to them entering your home.
- <https://youtu.be/QK95pqGs5Hk>

Blood pressure cuff



- Check your blood pressure by placing this on your wrist.
- <https://youtu.be/XxeyULXN7Mk>

Oximeter



- You can measure the level of oxygen in your blood by placing your finger in this device.
- <https://youtu.be/9EqP2u5LrZ4>

Kardia mobile



- By placing your fingers on the sensors, you can receive the results of an EKG. An EKG measure the rhythms of your heart. It can detect Atrial Fibrillation (irregular heartbeat), Bradycardia (slower than normal heart rate), and Tachycardia (rapid heart rate).
- <https://youtu.be/kXFS0Jy3Y1g>