

Welcome to the SMART collaboration between the Capital Area Council of Governments and the Texas Technology Access Program! We are happy you are taking advantage of this program. Utilizing technology can make life easier, once we know how to use it. 😊 We hope you enjoy this learning process.

The heading listed for each device is also a link to see more information about that device online. Click on the heading and it will take you to a webpage with more information. After each picture and short description below, there is a link to a video about set-up for the device. If you are viewing this as an electronic document, click on each link. Please let us know if you need assistance or have questions. You can reach Anita at 512-232-0751 or anita.swanson@austin.utexas.edu.



Samsung Galaxy A7 Tablet



- This tablet will help you control many of the other items in this kit. You can also use it to make video calls, send messages, or search the internet.
- For more information on set-up, watch [this video](#)

Google Nest Mini



- This is a smart speaker. You can ask it questions, or tell it to do things by saying “Hey, Google...” You might request certain music to play, answers to trivia questions, directions, what the weather forecast is, etc. [Ideas to ask Google](#)
- <https://youtu.be/UPGG2MnOVdo>

Portable charger



- This is a portable charger for your tablet. It comes in handy “on-the-go” or when there is a loss of electricity.
- <https://youtu.be/0-8bxqovXIQ>

Ring doorbell



- This is a doorbell that shows you who is at your door via a video camera. You can talk with them by video before opening the door.
- <https://youtu.be/Yamy2nc6gTs>

Phillips HUE lights



- Turn lights on and off without getting up! You can set timers for lights and turn them on and off even when you are not at home.
- <https://youtu.be/lfvfgf00-vsc>

Distance thermometer



- No-contact means of checking people's temperatures prior to them entering your home.
- <https://youtu.be/QK95pqGs5Hk>

Blood pressure cuff



- Check your blood pressure by placing this on your wrist.
- <https://youtu.be/XxeyULXN7Mk>

Oximeter



- You can measure the level of oxygen in your blood by placing your finger in this device.
- <https://youtu.be/9EqP2u5LrZ4>

KardiaMobile



- By placing your fingers on the sensors, you can receive the results of an EKG. An EKG measure the rhythms of your heart. It can detect Atrial Fibrillation (irregular heartbeat), Bradycardia (slower than normal heart rate), and Tachycardia (rapid heart rate).
- <https://youtu.be/kXFS0Jy3Y1g>